

# Marist Minute

Most people are happy to let others believe what they want to believe as long as they do not talk about it too much in public. The great Saints in Heaven didn't keep quiet about Christ's love for them. Blessed Teresa of Calcutta spent hours a day in prayer. HOURS! This was in addition to her continual service to the poor and teaching them about Christ.

I had a teacher in high school who taught us that "our faith is always personal but never private." As a child, this suited me just fine. Mum had us all sit in the Church for Mass, directly behind the nuns, in the third row. She said it made us 'closer to God.'" AND I BELIEVED HER! I was a mantilla-wearing little version of Mary, or so I dreamed.

As an adult however, I have learned that it begins with prayer, of course. A strong, consistent, deeply personal prayer life which is my relationship with Christ. And then? Then, my faith will spill over into my actions, love and grace will move through my words and relationships, and even if I'm not as outspoken as others, I'll share the light of Christ as I go...or so I dream.



## Journal Questions:

*What will people notice about how you live your faith today?*

